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ABSTRACT

This book contains 13 articles on learning from experience and its relationship to adult learning and adult education. The introductory article, "Understanding Learning from Experience" (Boud, Cohen, Walker), examines five propositions about learning from experience. The following papers are organized into three sections that focus respectively on the notion that experience is the foundation and source of learning, ways of approaching and fostering reflection, and ways of fostering group learning: "Through the Lens of Learning: How the Visceral Experience of Learning Reframes Teaching" (Brookfield); "Putting the Heart Back into Learning" (Postle); "Activating Internal Processes in Experiential Learning" (Mulligan); "On Becoming a Maker of Teachers: Journey Down a Long Hall of Mirrors" (Andresen) "Barriers to Reflection on Experience" (Boud, Walker); "Unlearning through Experience" (Brew); "Experiential Learning at a Distance" (Thorpe); "Learning from Experience in Mathematics" (Mason); "How the T-Group Changed My Life: A Sociological Perspective on Experiential Group Work" (Miller); "Living the Learning: Internalizing Our Model of Group Learning" (Kasl, Dechant, Marsick); "Experiential Learning and Social Transformation for a Post-apartheid Learning Future" (Criticos); and "Experiential Learning or Learning from Experience: Does It Make a Difference?" (Usher). Many articles include substantial bibliographies. (MN)

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